Post-operative instructions

- Child can play normally after the operation (NOTE! Be sure you define what “normal” means for this child!)
- No wrestling, bikeriding, skateboarding or active sports for a couple of weeks – contact sports may be longer, depending on procedure
- Pain medicine is usually acetaminophen and/or ibuprophen for younger children; older school-aged boys and adolescents may require oral narcotics such as codeine or hydrocodone
Post-operative instructions

- Older kids – ice and scrotal support may or may not be helpful
- Resume showers or sponge baths on POD 1
- Swimming, baths, immersion in 1 week
- Regular diet
- Dressing off in 2-5 days
- Warn of scrotal swelling after repair of large hernia and hydroceles to avoid late night calls