Other common hernias in children

**Umbilical hernias**
Also congenital: due to failure of the umbilical ring, through which the umbilical vessels exit, to close

- Incidence is higher in AA children, premature infants, and children with a family history of UH
- Usually close within the first few years of life
- Unlike inguinal hernias, these rarely incarcerate in children
- Surgery usually delayed until age 4-5 unless the hernia incarcerates, is symptomatic, or is so large there is significant protrusion of the skin