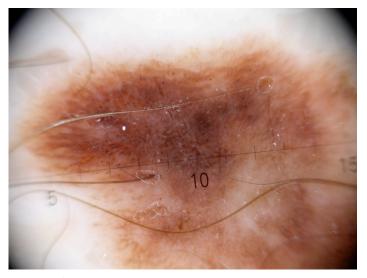
FUNDAMENTALS: Subtypes of Melanoma

Superficial spreading melanoma (SSM)

- Most common type (60%), peaks in adults 40-60 years
- -Usually found on trunk in men, lower legs in women.
- Irregularly pigmented, poorly circumscribed; usually >6mm. "Red, white, and blue" tumor.





(courtesy of Dermatology Clinic: Bellevue Hospital Center)

On dermatoscopy

Nodular melanoma (NM)

- 20% of melanoma cases, peak: adults 40-60 years
- Usually a circumscribed darkbrown papule or nodule; frequently ulcerated
- Vertical growth > horizontal spread, thus typically diagnosed at a thick stage and carries the worst prognosis





(courtesy of Dermatology Clinic: Bellevue Hospital Center)

Lentigo maligna melanoma (LMM)

- 10% of cases, in older adults (>60 years);
- Often on the face, related to chronic light exposure
- Large macule with irregular pigment, may have areas of regression
- By definition, LMM requires
 development of clinical nodule
 or tumor invasion into the dermis
- Long vertical growth phase, thus carries better prognosis



(courtesy of Dermatology Clinic: Bellevue Hospital Center)

Acral lentiginous melanoma

- 5% overall, but 30% of melanomas in dark-skinned individuals (ex. African-Americans, Asians)
- Develops in areas without hair follicles, such as the palms or soles
- Present with late / advanced stage of disease





(courtesy of Dermatology Clinic: Bellevue Hospital Center)

Acral lentiginous melanoma – variants

Subungual melanoma

 Presents as a dark streak under the nail; pigment streaks in the nail fold ("Hutchinson sign") extending to the finger tip



(courtesy of Dermatology Clinic: Bellevue Hospital Center)

Digital melanoma

- found on tips of toes or fingers

Amelanotic malignant melanoma

- -Skin-colored or pink
- -More often nodular or subungual, but can be any type
- -Difficult to recognize: the differential diagnosis includes basal call carcinoma, vascular tumors, Spitz nevus